

One may actually experience several high and low points in each transition. Also, multiple and simultaneous "U" curves may be experienced, with academic adjustment happening at a different rate than social or emotional transition, for example.

APPROACHING DIFFERENCES

Approach Personal Entry Posture

Openness Acceptance Trust Adaptabi<u>lity</u>

Suspicion Fear Superiority Prejudice The Inevitables
Facts of Cross-Cultural Living

DISSONANC

CULTUR DIFFEREN Frustration
Misunderstanding
Confusion
Tension
Embarrassment
Aggression

Response Personal Coping Skills

Initiate

Rationalize

Isolate Self

Observe

Inquire

Listen

Alienation Withdrawal Broken Relationships

Result

Understanding Empathy Deepening Relationships © 2011