

Prioritize how you want to use your time back home but be flexible & make adjustments along the way.





Learn from others who have returned home.





Take care of yourself (sleep, food, exercise, recreation, spiritual reflection)





Be grateful* for the opportunity to return home. **if fearful, address the reasons





Expect, observe and adjust to changes (BIG or small):

- in you,
- in others,
- o in your home,
- in the pace of life,
- in values,
- culture, etc.





Anticipate experiencing mild to intense reverse culture shock.

i.e. cultural displacement & confusion..



This resource is designed to be a conversation starter to address the main issues in student reentry. Use it with an individual student or for group discussion. The ISM worker should be ready to elaborate and explain the rules.

INTERVARSITY



Reentry Resource Series



Prepare for reentry by understanding the reentry phenomenon. Use reentry resources i.e. Think Home,





Rehearse in your mind how people will welcome, receive, & respond to you. Consider how you will respond to them.



is a pioneer in international student reentry and a cross-cultural trainer. She is the National Director of the International Student Ministry of InterVarsity Christian Fellowship/USA

Lisa Espineli Chinn



Recall what builds trust in your culture & decide to adjust attitudes & behavior accordingly.

e.g. gift-giving, respectful gestures





Have a good sense of humor (do not take yourself too seriously).



Other Reentry resources

- Customs and Culture:
 A Reentry Simulation Game
 by Lisa Espineli Chinn. Published
 by InterVarsity Christian Fellowship/USA. Available through
 www.intervarsity.org/store
- Mome Again: Preparing

 International Students to Serve
 Christ in Their Home Countries
 by Nate Mirza. DawsonMedia,
 P.O.Box 6000, Colorado Springs,
 CO. 80934
- The Art of Coming Home by Craig Storti. Intercultural Press, P. O. Box 700, Yarmouth, ME, 04096 Available through www.interculturalpress.com
- Think Home: A Practical
 Guide for Christian Internationals
 Preparing to Return Home
 by Lisa Espineli Chinn. Published
 by ISI, Inc. Available through
 www.isionline.org



10 Rules of Re-engagement

Reentry Resource Series